

| SUNDAY  | MONDAY  | TUESDAY   | WEDNESDAY  | THURSDAY   | FRIDAY  | SATURDAY  |
|---|---|---|--|--|---|---|
| <b>30</b><br>10:00 Heart of the Nation (EL)<br>10:30 Table Games (A)<br>2:00 Baking: Pizzelles (A)<br>3:30 Coffee & Talks (A)<br>4:30 Daily Chronicles                                      | <b>31</b><br>10:30 Right Moves (A)<br>11:00 Current Events (A)<br>2:00 Craft Time (A)<br>3:30 Trivia Time (A)<br>4:30 Daily Chronicles<br>6:00 Evening News (EL)<br>7:00 Wheel of Fortune (EL)  | <b>LOCATION KEY</b><br>A – Activity Room<br>RR – Room to Room<br>EL - East Lounge<br>DR – Dining Room   |  | Unless otherwise noted, all programs conducted by Lynn, Mary or Crystal. Activities that are denoted with an (I) are Independent. All activities are subject to change.            |   | <b>I</b><br>10:30 AM Exercise (A)<br>11:00 Rosary (A)<br>2:00 A Year in Review (A)<br>3:30 New Year Resolutions (A)<br>4:30 Daily Chronicles<br>6:30 TV Show Series (EL)<br><b>New Year's Day</b> |
| <b>2</b><br>10:00 Heart of the Nation (EL)<br>10:30 Card Games (A)<br><b>1:00 Buffalo Bills vs. Atlanta</b><br>2:00 Traveling Cart (RR)<br>3:30 Coffee & Talks (A)<br>4:30 Daily Chronicles | <b>3</b><br>10:30 Right Moves (A)<br>11:00 Current Events (A)<br>2:00 Word in a Word (A)<br>3:30 Trivia Time (A)<br>4:30 Daily Chronicles<br>6:00 Evening News (EL)<br>7:00 Wheel of Fortune (EL)                                       | <b>4</b><br>10:00 Morning Exercise (A)<br>11:00 Rosary (A)<br>2:00 Bingo (A)<br>3:30 Discussion Group (A)<br>4:30 Daily Chronicles<br>6:30 TV Show Series (EL)  | <b>5</b><br>10:30 Right Moves (A)<br>11:00 Current Events (A)<br>2:00 Jeopardy (A)<br>4:30 Daily Chronicles<br>6:00 Evening News (EL)<br>7:00 Wheel of Fortune (EL)                                | <b>6</b><br>10:00 Morning Exercise (A)<br>11:00 Rosary (A)<br>2:00 Bingo (A)<br>3:30 Discussion Group (A)<br>4:30 Daily Chronicles<br>6:00 Evening News (EL)<br>7:00 Puzzles (EL)  | <b>7</b><br>10:30 Right Moves (A)<br>11:00 Current Events (A)<br>2:00 Ice Cream Sundae Social (A)<br>3:00 Refreshment Cart (RR)<br>4:30 Daily Chronicles<br>6:00 Evening News (EL)<br>7:00 Wheel of Fortune (EL)  | <b>8</b><br>10:30 AM Exercise (A)<br>11:00 Rosary (A)<br>2:00 Trivia Wars (A)<br>3:30 Card Games (A)<br>4:30 Daily Chronicles<br>6:30 TV Show Series (EL)   |
| <b>9</b><br>10:00 Spiritual Sing a long with Terry (A)<br><b>1:00 Buffalo Bills vs NY</b><br>2:00 Traveling Cart (RR)<br>3:30 Coffee & Talks (A)<br>4:30 Daily Chronicles                   | <b>10</b><br>10:30 Right Moves (A)<br>11:00 Current Events (A)<br>2:00 Craft Time (A)<br>3:30 Trivia Time (A)<br>4:30 Daily Chronicles<br>6:00 Evening News (EL)<br>7:00 Wheel of Fortune (EL)  | <b>11</b><br>10:00 Morning Exercise (A)<br>11:00 Rosary (A)<br>2:00 Bingo (A)<br>3:30 Discussion Group (A)<br>4:30 Daily Chronicles<br>6:30 TV Show Series (EL) | <b>12</b><br>10:30 Right Moves (A)<br>11:00 Current Events (A)<br>2:00 Residents Council (A)<br>3:00 Jeopardy (A)<br>4:30 Daily Chronicles<br>6:00 Evening News (EL)<br>7:00 Wheel of Fortune (EL) | <b>13</b><br>10:00 Morning Exercise (A)<br>11:00 Rosary (A)<br>2:00 Bingo (A)<br>3:30 Discussion Group (A)<br>4:30 Daily Chronicles<br>6:00 Evening News (EL)<br>7:00 Puzzles (EL) | <b>14</b><br>10:30 Right Moves (A)<br>11:00 Current Events (A)<br>2:00 Coffee & Cookies Social (A)<br>3:00 Refreshment Cart (RR)<br>4:30 Daily Chronicles<br>6:00 Evening News (EL)<br>7:00 Wheel of Fortune (EL) | <b>15</b><br>10:30 AM Exercise (A)<br>11:00 Rosary (A)<br>2:00 Snowman Building Competition (A)<br>4:30 Daily Chronicles<br>6:30 TV Show Series (EL)  |
| <b>16</b><br>10:00 Heart of the Nation(EL)<br>10:30 Board Games (A)<br>2:00 Baking: Double Chocolate Fudge (A)<br>3:30 Coffee & Talks (A)<br>4:30 Daily Chronicles                          | <b>17</b><br>10:30 Right Moves (A)<br>11:00 Current Events (A)<br>2:00 Craft (A)<br>3:30 Happy 100 <sup>th</sup> Birthday Betty White (A)]<br>6:00 Evening News (EL)<br>7:00 Wheel of Fortune (EL)<br><b>Martin Luther King Jr. Day</b> | <b>18</b><br>10:00 Morning Exercise (A)<br>11:00 Rosary (A)<br>2:00 Bingo (A)<br>3:30 Discussion Group (A)<br>4:30 Daily Chronicles<br>6:30 TV Show Series (EL) | <b>19</b><br>10:30 Right Moves (A)<br>11:00 Current Events (A)<br><b>2:00 Entertainment with Kathy C. (DR)</b><br>4:30 Daily Chronicles<br>6:00 Evening News (EL)<br>7:00 Wheel of Fortune (EL)    | <b>20</b><br>10:00 Morning Exercise (A)<br>11:00 Rosary (A)<br>2:00 Bingo (A)<br>3:30 Discussion Group (A)<br>4:30 Daily Chronicles<br>6:00 Evening News (EL)<br>7:00 Puzzles (EL) | <b>21</b><br>10:30 Right Moves (A)<br>11:00 Current Events (A)<br>2:00 Root beer Social (A)<br>3:00 Refreshment Cart (RR)<br>4:30 Daily Chronicles<br>6:00 Evening News (EL)<br>7:00 Wheel of Fortune (EL)        | <b>22</b><br>10:30 AM Exercise (A)<br>11:00 Rosary (A)<br>2:00 Music & Manicures (A)<br>4:30 Daily Chronicles<br>6:30 TV Show Series (EL)   |
| <b>23</b><br>10:00 Heart of the Nation (EL)<br>10:30 Music & Manicures (A)<br>2:00 Baking: Snowman Cookies (A)<br>3:30 Coffee & Talks (A)<br>4:30 Daily Chronicles                          | <b>24</b><br>10:30 Right Moves (A)<br>11:00 Current Events (A)<br>2:00 Craft Time (A)<br>3:30 Trivia Time (A)<br>4:30 Daily Chronicles<br>6:00 Evening News (EL)<br>7:00 Wheel of Fortune (EL)<br><b>Happy Birthday Barbara B.</b>      | <b>25</b><br>10:00 Morning Exercise (A)<br>11:00 Rosary (A)<br>2:00 Bingo (A)<br>3:30 Discussion Group (A)<br>4:30 Daily Chronicles<br>6:30 TV Show Series (EL) | <b>26</b><br>10:30 Right Moves (A)<br>11:00 Current Events (A)<br>2:00 Jeopardy (A)<br>4:30 Daily Chronicles<br>6:00 Evening News (EL)<br>7:00 Wheel of Fortune (EL)                               | <b>27</b><br>10:00 Morning Exercise (A)<br>11:00 Rosary (A)<br>2:00 Bingo (A)<br>3:30 Discussion Group (A)<br>4:30 Daily Chronicles<br>6:00 Evening News (EL)<br>7:00 Puzzles (EL) | <b>28</b><br>10:30 Right Moves (A)<br>11:00 Current Events (A)<br>2:00 Tea & Cookies Social (A)<br>3:00 Refreshment Cart (RR)<br>4:30 Daily Chronicles<br>6:00 Evening News (EL)<br>7:00 Wheel of Fortune (EL)    | <b>29</b><br>11:00 Rosary (A)<br>6:30 TV Show Series (EL)   |

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|---|--|--|--|---|---|---|
| 10:00 Heart of the Nation <b>30</b><br>10:30 Trivia<br>11:00 News & Views<br>1:30 Walks & Talks<br>2:00 Crafts<br>3:30 Music & Motion<br>4:30 Daily Chronicle<br>6:00 Netflix Movie Night                     | 10:30 Right Moves <b>31</b><br>11:00 Current Events (A)<br>1:30 Walks & Talks<br>2:00 Name That Tune<br>3:00 Word Games<br>4:30 Daily Chronicle<br>6:00 Netflix Movie Night  | <b>LOCATION KEY</b><br><br>All activities will be conducted in Liberty Lodge unless noted. All activities will be over seen by Lynn and conduct by Liberty Lodge staff unless otherwise noted. All activities are subject to change. |  | <b>Memory Care</b>  |   | 10:30 AM Exercise (A) <b>1</b><br>11:00 Rosary (A)<br>1:30 Walks & Talks<br>2:00 A Year in Review<br>3:30 Spa Time<br>4:30 Daily Chronicle<br>6:30 TV Movie Series<br><br><i>New Year's Day</i> |
| 10:00 Heart of the Nation <b>2</b><br>10:30 Trivia<br>11:00 News & Views<br><b>1:00 Buffalo Bills vs. Atlanta</b><br>1:30 Walks & Talks<br>2:00 Active Games<br>6:00 Netflix Movie Night                      | 10:30 Right Moves (A) <b>3</b><br>11:00 Current Events (A)<br>1:30 Walks & Talks<br>2:00 Name That Tune<br>3:00 Word Games<br>4:30 Daily Chronicle<br>6:00 Netflix Movie Night   | 10:30 Am Exercise <b>4</b><br>11:00 Rosary<br>1:30 Walks & Talks<br>2:00 Bingo (A)<br>3:30 Poetry Time<br>4:30 Daily Chronicle<br>6:30 TV Movie Series   | 10:30 Right Moves (A) <b>5</b><br>11:00 Current Events (A)<br>1:30 Walks & Talks<br>2:00 Magazine Scavenger Hunt<br>3:30 Discussion Group<br>4:30 Daily Chronicle<br>6:00 Netflix Movie Night                  | 10:30 Am Exercise <b>6</b><br>11:00 Rosary<br>1:30 Walks & Talks<br>2:00 Bingo (A)<br>3:30 Social Club<br>4:30 Daily Chronicle<br>6:00 Netflix Movie Night  | 10:30 Right Moves (A) <b>7</b><br>11:00 Current Events (A)<br>1:30 Walks & Talks<br>2:00 Puzzles<br>3:00 Refreshment Cart (RR)<br>4:30 Daily Chronicle<br>6:00 Netflix Movie Night  | 10:30 AM Exercise (A) <b>8</b><br>11:00 Rosary (A)<br>1:30 Walks & Talks<br>2:00 Reminiscing<br>3:30 Spa Time<br>4:30 Daily Chronicle<br>6:30 TV Movie Series                                   |
| 10:00 Heart of the Nation <b>9</b><br>10:30 Spiritual Sing a long with Terry<br><b>1:00 Buffalo Bills vs. NY</b><br>1:30 Walks & Talks<br>2:00 Card Games<br>4:30 Daily Chronicle<br>6:00 Netflix Movie Night | 10:30 Right Moves (A) <b>10</b><br>11:00 Current Events (A)<br>1:30 Walks & Talks<br>2:00 Name That Tune<br>3:00 Word Games<br>4:30 Daily Chronicle<br>6:00 Netflix Movie Night  | 10:30 Am Exercise <b>11</b><br>11:00 Rosary<br>1:30 Walks & Talks<br>2:00 Bingo (A)<br>3:30 Poetry Time<br>4:30 Daily Chronicle<br>6:30 TV Movie Series  | 10:30 Right Moves (A) <b>12</b><br>11:00 Current Events (A)<br>1:30 Walks & Talks<br>2:00 Residents Council<br>3:30 Discussion Group<br>4:30 Daily Chronicle<br>6:00 Netflix Movie Night                       | 10:30 Am Exercise <b>13</b><br>11:00 Rosary<br>1:30 Walks & Talks<br>2:00 Bingo (A)<br>3:30 Social Club<br>4:30 Daily Chronicle<br>6:00 Netflix Movie Night | 10:30 Right Moves (A) <b>14</b><br>11:00 Current Events (A)<br>1:30 Walks & Talks<br>2:00 Puzzles<br>3:00 Refreshment Cart (RR)<br>4:30 Daily Chronicle<br>6:00 Netflix Movie Night | 10:30 AM Exercise (A) <b>15</b><br>11:00 Rosary (A)<br>1:30 Walks & Talks<br>2:00 Reminiscing<br>3:30 Spa Time<br>4:30 Daily Chronicle<br>6:30 TV Movie Series                                  |
| 10:00 Heart of the Nation <b>16</b><br>10:30 Trivia<br>11:00 News & Views<br>1:30 Walks & Talks<br>2:00 Crafts<br>3:30 Music & Motion<br>4:30 Daily Chronicle<br>6:00 Netflix Movie Night                     | 10:30 Right Moves (A) <b>17</b><br>11:00 Current Events (A)<br>1:30 Walks & Talks<br>2:00 Name That Tune<br>3:00 Word Games<br>4:30 Daily Chronicle<br>6:00 Netflix Movie Night<br><br><i>Martin Luther King Jr. Day</i> | 10:30 Am Exercise <b>18</b><br>11:00 Rosary<br>1:30 Walks & Talks<br>2:00 Bingo (A)<br>3:30 Poetry Time<br>4:30 Daily Chronicle<br>6:30 TV Movie Series  | 10:30 Right Moves (A) <b>19</b><br>11:00 Current Events (A)<br>1:30 Walks & Talks<br><b>2:00 Entertainment with Kathy C. (DR)</b><br>3:30 Discussion Group<br>4:30 Daily Chronicle<br>6:00 Netflix Movie Night | 10:30 Am Exercise <b>20</b><br>11:00 Rosary<br>1:30 Walks & Talks<br>2:00 Bingo (A)<br>3:30 Social Club<br>4:30 Daily Chronicle<br>6:00 Netflix Movie Night | 10:30 Right Moves (A) <b>21</b><br>11:00 Current Events (A)<br>1:30 Walks & Talks<br>2:00 Puzzles<br>3:00 Refreshment Cart (RR)<br>4:30 Daily Chronicle<br>6:00 Netflix Movie Night | 10:30 AM Exercise (A) <b>22</b><br>11:00 Rosary (A)<br>1:30 Walks & Talks<br>2:00 Reminiscing<br>3:30 Spa Time<br>4:30 Daily Chronicle<br>6:30 TV Movie Series                                  |
| 10:00 Heart of the Nation <b>23</b><br>10:30 Trivia<br>1:30 Walks & Talks<br>2:00 Crafts<br>3:30 Music & Motion<br>4:30 Daily Chronicle<br>6:00 Netflix Movie Night   | 10:30 Right Moves (A) <b>24</b><br>11:00 Current Events (A)<br>1:30 Walks & Talks<br>2:00 Name That Tune<br>3:00 Word Games<br>4:30 Daily Chronicle<br>6:00 Netflix Movie Night  | 10:30 Am Exercise <b>25</b><br>11:00 Rosary<br>1:30 Walks & Talks<br>2:00 Bingo (A)<br>3:30 Poetry Time<br>4:30 Daily Chronicle<br>6:30 TV Movie Series  | 10:30 Right Moves (A) <b>26</b><br>11:00 Current Events (A)<br>1:30 Walks & Talks<br>2:00 Magazine Scavenger Hunt<br>3:30 Discussion Group<br>4:30 Daily Chronicle<br>6:00 Netflix Movie Night                 | 10:30 Am Exercise <b>27</b><br>11:00 Rosary<br>1:30 Walks & Talks<br>2:00 Bingo (A)<br>3:30 Social Club<br>4:30 Daily Chronicle<br>6:00 Netflix Movie Night | 10:30 Right Moves (A) <b>28</b><br>11:00 Current Events (A)<br>1:30 Walks & Talks<br>2:00 Puzzles<br>3:00 Refreshment Cart (RR)<br>4:30 Daily Chronicle<br>6:00 Netflix Movie Night | 10:30 AM Exercise (A) <b>29</b><br>11:00 Rosary (A)<br>1:30 Walks & Talks<br>2:00 Reminiscing<br>3:30 Spa Time<br>4:30 Daily Chronicle<br>6:30 TV Movie Series                                  |